

# KENKON KYOKUSHINKAI KARATE

## Official Dojo Document

### Dojo Rules & Etiquette

#### 1. Respect

Always bow when entering and leaving the dojo. Show courtesy to instructors, fellow students, and guests at all times.

#### 2. Discipline

Arrive 5–10 minutes before class, ready to train. Wear a clean karate gi (uniform) and the appropriate belt.

#### 3. Safety

Keep fingernails and toenails short and clean. Remove jewelry and watches before training to prevent injury.

#### 4. Behavior

No chewing gum, eating, or drinking on the dojo floor. Follow the instructor's directions immediately and without debate.

#### 5. Attendance

Notify the instructor in advance if you will be absent. Consistent attendance is expected for progress and promotion.

#### 6. Parents/Guardians

Parents are welcome to observe quietly from the waiting area. Please avoid coaching or interrupting class.

#### 7. Shoes

Remove shoes before entering the training area and help keep the dojo floor clean at all times.

#### 8. Respect & Non-Violence (Anti-Bullying)

Physical fighting, bullying, insults, harassment, or any disrespectful behavior toward students, instructors, or parents is strictly prohibited. Any student who, after a formal warning, violates this rule may be removed from the dojo permanently. Serious incidents, for safety reasons, may be reported to other martial arts schools or relevant organizations.

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